

WHO IS THE TRANS SERVICES TEAM?

ALEJANDRA DE LA VEGA
 PRONOUNS: SHE/HER
 STAHR PROGRAM MANAGER
 ALEJANDRA@SFCommunityHealth.org

CARSEN NEPOMUCENO
 PRONOUNS: HE/HIM
 PROGRAM COORDINATOR
 CARSEN@SFCommunityHealth.org

CHARLOTTE BOREHAM
 PRONOUNS: SHE/HER
 HARM REDUCTION SPECIALIST
 CHARLOTTE@SFCommunityHealth.org

ERICA REYES
 PRONOUNS: SHE/HER
 PROGRAM SUPERVISOR
 ERICA@SFCommunityHealth.org

JAEABEL ECHIRIBEL
 PRONOUNS: SHE/HER
 RECEPTIONIST
 JAEABEL@SFCommunityHealth.org

JAHNELL BUTLER
 PRONOUNS: SHE/HER
 ASSOCIATE DIRECTOR
 JAHNELL@SFCommunityHealth.org

JAZZELLE BONILLA
 PRONOUNS: SHE/HER
 LINKAGE TO CARE & OUTREACH COORDINATOR
 JAZZELLE@SFCommunityHealth.org

KY ALBERT, AMFT
 PRONOUNS: SHE/HER
 THERAPIST
 KY@SFCommunityHealth.org

MIA MITCHELL
 PRONOUNS: SHE/HER
 MEDICAL CASE MANAGER
 MMITCHELL@SFCommunityHealth.org

NICKY "TITA AIDA" CALMA
 PRONOUNS: SHE/HER
 MANAGING DIRECTOR
 TITAAIDA@SFCommunityHealth.org

SAGE ELLE HAPKE
 PRONOUNS: SHE/HER
 PREVENTION CASE MANAGER
 SAGE@SFCommunityHealth.org

SET DIAZ
 PRONOUNS: THEY/THEM
 OUTREACH & COMMUNITY ENGAGEMENT SPECIALIST
 SET@SFCommunityHealth.org

TEZ DE LA TIERRA
 PRONOUNS: THEY/HE
 TRANSITION SUPPORT SPECIALIST
 TEZ@SFCommunityHealth.org

WHIT WILLIAMS
 PRONOUNS: THEY/HE
 SAFETY INTERVENTION SPECIALIST
 WHITNEY@SFCommunityHealth.org

WHAT'S NEW AT 1460 PINE ST?

NATIONAL TRANSGENDER HIV TESTING DAY
April 18
 Let's Talk

About Sex!
 Panelists • Performances • Food
 FREE AND CONFIDENTIAL HIV & HCV TESTING

April 18, 2024
1-5 PM
1460 PINE ST

DO YOU WANNA BE A STAHR!!

APRIL 6

SATURDAY NIGHT TALENT SHOW

Grand Prize \$100

DOORS OPEN AT 4:30 PM
 SHOW BEGINS AT 5:30 PM
 SHOW ENDS AT 7:30 PM

1460 Pine St
 (between Polk & Larkin)

Food, Drinks, Music, Prizes,
 HIV/HEP C testing
 (\$20 Incentive)

This event is specifically designed for individuals who identify as transgender or gender non-conforming, aiming primarily to foster a sense of community and enjoyment.



trans**thrive**

April 2024

PROGRAMS & SERVICES

Come Visit Us at Trans:Thrive

Location: 1460 Pine St (btwn Polk & Larkin)
 San Francisco, CA 94109
Reception Phone: (415) 292-3415
Email: transserviceteam@sfccommunityhealth.org
Website: sfccommunityhealth.org

STAY UP TO DATE! FOLLOW US ON:



@sfccommunityhealth
 @trans_thrive
 @whatstea_sfchc
 @stahr_hap





APRIL 2024



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Happy Trans Day of Visibility! 	1 Drop-In 2-4:30pm HarmLess 3:30-4:30pm	2 Drop-In 2-4:30pm Drop-In Counseling 2-4pm Bravo Martes! 3:30-4:30pm Trans-Masc Group 6-7:30pm	3 Drop-In 2-4:30pm Transformative Mindfulness 3:30-4:30pm What's TEA?! 4:30-6:30pm	4 Drop-In 2-4:30pm Seeking Safety 3-4:30pm Trans-Scribe 5-6:30pm	5 Drop-In 2-4:30pm Folx Who Feast & Karaoke 3-4:30pm What's TEA?! 4:30-6:30pm	6 Saturday Night Live! Talent Show: 4:30-7:30pm
	7 CLOSED	8 Drop-In 2-4:30pm HarmLess 3:30-4:30pm	9 Drop-In 2-4:30pm Drop-In Counseling 2-4pm Bravo Martes! 3:30-4:30pm 50 + Fabulous 5-6:30pm Trans-Masc Group 6-7:30pm	10 Drop-In 2-4:30pm Transformative Mindfulness 3:30-4:30pm What's TEA?! 4:30-6:30pm Asian Trans Empowerment 5-7pm	11 Drop-In 2-4:30pm SHE Boutique 2-4:30pm Seeking Safety 3-4:30pm TM4M Nights 6:30-10pm <i>@ Eros</i>	12 Drop-In 2-4:30pm Folx Who Feast & Karaoke 3-4:30pm What's TEA?! 4:30-6:30pm
14 CLOSED	15 Drop-In 2-4:30pm HarmLess 3:30-4:30pm	16 Drop-In 2-4:30pm Drop-In Counseling 2-4pm Bravo Martes! 3:30-4:30pm Trans-Masc Group 6-7:30pm	17 Drop-In 2-4:30pm Transformative Mindfulness 3:30-4:30pm What's TEA?! 4:30-6:30pm Neurodivergent TGNC Group 5:30-7pm	18 National Transgender HIV Awareness Day Event "Let's Talk About Sex!" 1-5pm	19 Drop-In 2-4:30pm Folx Who Feast & Karaoke 3-4:30pm What's TEA?! 4:30-6:30pm	20 Safer Saturday: 11am-1pm TGNC Harm Reduction Support Group
21 CLOSED	22 Drop-In 2-4:30pm HarmLess 3:30-4:30pm	23 Drop-In 2-4:30pm Drop-In Counseling 2-4pm Bravo Martes! 3:30-4:30pm 50 + Fabulous 5-6:30pm Trans-Masc Group 6-7:30pm	24 Drop-In 2-4:30pm Transformative Mindfulness 3:30-4:30pm What's TEA?! 4:30-6:30pm Asian Trans Empowerment 5-7pm	25 Drop-In 2-4:30pm Seeking Safety 3-4:30pm Folk 'N' Swagger 4:30-6pm TM4M Nights 6:30-10pm <i>@ Eros</i>	26 Drop-In 2-4:30pm Folx Who Feast & Karaoke 3-4:30pm What's TEA?! 4:30-6:30pm	27 CLOSED
28 CLOSED	29 Drop-In 2-4:30pm HarmLess 3:30-4:30pm	30 Drop-In 2-4:30pm Drop-In Counseling 2-4pm Bravo Martes! 3:30-4:30pm Trans-Masc Group 6-7:30pm				

TRANSFORMATIVE MINDFULNESS:

This group introduces participants to mindfulness practices from a gender-affirming, trauma-informed perspective and takes place **during Drop-In every Wednesday**. In addition to learning and practicing mindfulness skills, participants have the opportunity to check-in about how they're doing and offer support to one another.

TRANS-MASC SUPPORT GROUP:

This is an inclusive social support group for all trans-masculine and non-binary individuals. Topics covered are ever-changing and cover a wide range of topics from navigating trans healthcare, exploring hobbies, and peer-to-peer skill shares. This meeting is hybrid **every Tuesday, held in-person at 1460 Pine St and online. Zoom ID: 319 905 337**

TRANS-SCRIBE:

This is an inclusive evening of writing, poetry, and spoken word with other trans and non-binary community members. This is a space of honesty and vulnerability as all will be encouraged to share their poems and spoken words in a brave space with others **every 1st/3rd Thursday** of the month at Trans:Thrive!

WHAT'S TEA?! DROP-IN:

This is a space for BIPOC youth (ages 13-34yo) providing empowerment through community building, education, and collaboration **each Wednesday and Friday from 4:30-6:30pm** at Trans:Thrive. Join us in collaboration with CalPEP and get excited to learn about sexual health and develop support through free testing, fun events, and targeted programming aimed at uplifting young trans people of color.

50 + FABULOUS:

An after-hours support group for trans and non-binary folks 50 years and older. This is a group done in collaboration with OpenhouseSF LGBT Senior Center, and the group takes place in-person at Trans:Thrive **every 2nd/4th Tuesday**.

A.T.E. (ASIAN TRANS EMPOWERMENT):

An inclusive support group for Asian and Pacific Islander trans women. This meeting is in collaboration with the Lotus Project and takes place **every 2nd/4th Wednesday now at 1460 Pine Street from 5-7pm**.

BRAVO MARTES!:

Come join us at Trans:Thrive **every Tuesday during Drop-In** for an afternoon of loteria and bingo. This is a chance to win some cool prizes and also put your Spanish to practice with other community members.

FOLK 'N' SWAGGER:

Join us **every 4th Thursday from 4:30-6pm** for an exquisite shopping experience for trans masculine folks, by trans masc folks. This is the perfect place to pick up some new digs, meet friends, and learn more about what's out there in community.

FOLX WHO FEAST & KARAOKE!:

In memory of "Ladies Who Lunch" created by longtime volunteer Jimmy, Trans:Thrive staff whip up a homemade meal **each Friday afternoon for Drop-In** and all are welcome to join in the feasting. After lunch, come belt your heart out and sing your best karaoke tunes with one another.

HARMLESS:

Come join us **every Monday during Drop-In from 3:30-4:30pm** for a "harmless" discussion group centering people who use substances. We will discuss the challenges we face and the strategies we take as trans and gender-expansive people who use substances.

NEURODIVERGENT TGNC GROUP:

Come join this group **every 3rd Wednesday evening** at Trans:Thrive in a calm and comfortable space for neurodivergent trans and gender non-conforming community members.

SAFER SATURDAY - SUPPORT GROUP FOR TGNC PEOPLE WHO USE DRUGS:

Support group centered on building community on the values of harm reduction **every third Saturday from 11am-1pm**. This group will alternate topics each session and is a safe space to all.

SATURDAY NIGHT LIVE! TALENT SHOW

Come join us for a talent show evening at 1460 Pine Street **every first Saturday of the month** for a night filled with live music, poetry, performances, and a lovely meal among other transgender and gender non-conforming community members! Sign-ups will take place before the show and grand prize will be announced at the end of the evening.

SEEKING SAFETY:

Join us for a 10-week long weekly group to support trans/GNC people affected by trauma and substance use **every Thursday afternoon at Trans:Thrive**. This group will teach coping and grounding skills that move participants towards safety. Please reach out to Ky if you're interested in joining.

SHE BOUTIQUE:

Join us on the **2nd Thursday at Trans:Thrive from 2-4:30pm** for an extravagant shopping experience created by trans women for trans women! This is an exciting place to pick up a few clothing items and accessories and meet friends!